Children’s Center Day Care

Menu for the Week of

July 14th – 18th, 2025

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| --- | --- | --- | --- | --- | --- |
| SPRING/SUMMERWEEK 1 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| BREAKFAST9:30-10:00 | Crisp Rice CerealDiced PearsMilk\* | Soy Butter Quesadillason Flour TortillasBananasMilk\* | English MuffinsApplesMilk\* | Life Cereal†Diced PeachesMilk\* | Honey Bunches of Oats†Pears, Apples or PeachesMilk\* |
| LUNCH11:30-12:00 | Chicken Tenders°Green BeansWhole Wheat Bread†StrawberriesMilk\* | Macaroni and Cheese with Turkey Sausage°Mixed VegetablesTriscuit Thin Crisps†GrapesMilk\* | Sloppy Joes° on aWhole Wheat Bun†CarrotsRoasted PotatoesFresh PeachesMilk\* | Chicken° and Cheese Burritos on Flour TortillasCornTaco ChipsPineapple TidbitsMilk\* | Turkey Dog° Pasta SaladCucumber SlicesWheat Thins†PlumsMilk\* |
| SNACKvaries by classserved between 2:45 and 3:45 | Whole GrainGoldfish Crackers†Orange SlicesWater | Whole Wheat Ritz Crackers † with Soy ButterMilk\* | Baked Oyster Crackers with Ranch SeasoningGrape Juice | Whole Wheat Ritz Crackers†Strawberry Cream CheeseApple Juice | Scooby Snacks†Grape or Apple Juice |

\* Children under 2 years of age will be served whole milk. Children over 2 years of age will be served 1% or skim milk. All milk served is unflavored.

† Denotes a whole grain or whole grain rich food.

° Or appropriate meat substitute for vegetarians

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Children’s Center Day Care

Menu for the Week of

July 21st – 25th, 2025

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| SPRING/SUMMERWEEK 2 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| BREAKFAST9:30-10:00 | Toasted Oats Cereal†Diced PearsMilk\* | Corn Chex Cereal†BananasMilk\* | Baked French ToastDiced PeachesMilk\* | Cinnamon BreadApplesauceMilk\* | Corn Flakes Cereal†Pears, Peaches or ApplesMilk\* |
| LUNCH11:30-12:00 | Turkey° and Cheese on a Flour Tortilla with Vegetable Cream CheeseCucumber SlicesTriscuit Thin Crisps†GrapesMilk\* | Cheesy Breadsticks with Marinara SauceGreen BeansFresh PearsMilk\* | Roasted Turkey Sausage°Roasted Red PotatoesCornWhole Wheat Bread†HoneydewMilk\* | Chicken° Salad Sandwiches on Whole Wheat Bread†Carrot Sticks‡Corn ChipsApplesMilk\* | Tuna° Pasta SaladMixed VegetablesWheat Thins†OrangesMilk\* |
| SNACKvaries by classserved between 2:45 and 3:45 | Wheat Thins† with Soy ButterBananasMilk\* | Whole Wheat Ritz†Cheese CubesOrange Juice | Strawberry Banana Yogurt PopsiclesGoldfish Grahams†Water | Kix and Pretzel Snack Mix†Grape Juice | Whole GrainGoldfish Crackers†Orange or Grape Juice |

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† Denotes a whole grain or whole grain rich food.

‡ Children under the age of 2 years will not be served raw carrots. Cooked carrots will be offered instead.

° Or appropriate meat substitute for vegetarians

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Children’s Center Day Care

Menu for the Week of

July 28th – August 1st, 2025

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| --- | --- | --- | --- | --- | --- |
| SPRING/SUMMERWEEK 3 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| BREAKFAST9:30-10:00 | Crisp Rice CerealDiced PeachesMilk\* | Kix Cereal†BananasMilk\* | Baked Triscuits†with CheeseApplesauceMilk\* | Crispix CerealDiced PearsMilk\* | Toasted Wheat Bagels†Peaches, Pears or ApplesMilk\* |
| LUNCH11:30-12:00 | Tomato SoupCheese Sandwiches on Whole Wheat Bread†Carrot Sticks‡HoneydewMilk\* | Taco Mac and Cheese with Ground Turkey°CornWhole Wheat Bread†ApplesMilk\* | Turkey Dogs° on aWhole Wheat Bun†Green BeansTater TotsGrapesMilk\* | Chicken° and Cheese Pasta Salad with Bacon°Wheat Thins†PeasOrangesMilk\* | Bean and Cheese Burritos on a Flour TortillaMixed VegetablesTortilla ChipsPlumsMilk\* |
| SNACKvaries by classserved between 2:45 and 3:45 | Chex Mix†Apple Juice | Scooby Snacks†Grape Juice | Fresh Fruit SaladToasteds Buttercrisp CrackersWater | Cucumber and Cream Cheese on White BreadPineapple Juice | Cheez-itsApple or Grape Juice |

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‡ Children under the age of 2 years will not be served raw carrots. Cooked carrots will be offered instead.

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Children’s Center Day Care

Menu for the Week of

August 4th – 8th, 2025

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| --- | --- | --- | --- | --- | --- |
| SPRING/SUMMERWEEK 4 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| BREAKFAST9:30-10:00 | Corn Flakes Cereal†Diced PearsMilk\* | Frosted Mini Wheats Cereal†BananasMilk\* | Oatmeal†Diced PeachesMilk\* | Toasted Oat Cereal†ApplesMilk\* | English MuffinsPears, Peaches or ApplesMilk\* |
| LUNCH11:30-12:00 | Tuna° Boats (BakedTuna Salad and Cheese on a Hot Dog Bun)PeasCheez-ItsOrangesMilk\* | Spaghetti with Meat Sauce°Green BeansWhole Wheat Bread†HoneydewMilk\* | Chicken° Macaroni SaladCarrot Sticks‡Corn ChipsPlumsMilk\* | Chicken° Curry CasseroleWhite RiceCarrotsPita CrackersGrapesMilk\* | Turkey Dogs° on a Cheesy Flour TortillaMixed VegetablesWheat Thins†Fresh PeachesMilk\* |
| SNACKvaries by classserved between 2:45 and 3:45 | BananasAnimal CrackersWater | Club CrackersOnion Chive Cream CheeseApple Juice | Whole Grain Ritz†Cheese CubesPineapple Juice  | Melon SaladWaffle PretzelsWater | Whole Grain Goldfish Crackers †Milk\* |

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Children’s Center Day Care

Menu for the Week of

August 11th – 15th, 2025

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| --- | --- | --- | --- | --- | --- |
| SPRING/SUMMERWEEK 5 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| BREAKFAST9:30-10:00 | Toasted Oats Cereal† or Corn Flakes Cereal†Diced PearsMilk\* | Kix Cereal†BananasMilk\* | Buttermilk BiscuitsPineapple TidbitsMilk\* | Rice Chex Cereal†Diced PeachesMilk\* | Toasted Wheat Bagels†Peaches or PearsMilk\* |
| LUNCH11:30-12:00 | Turkey° and Cheese Sandwiches on Whole Wheat Bread†Cucumber SlicesWhole Grain Goldfish Crackers†BananasMilk\* | Penne Pasta w/ Chicken°, Cheese and BroccoliMixed VegetablesWheat Thins†GrapesMilk\* | Turkey Sausage° andBaked BeansCarrot Sticks‡Whole Wheat Bread†HoneydewMilk\* | Chicken° Taco SaladCornTaco ChipsFresh PearsMilk\* | Salsa Chicken° over White RiceGreen BeansCheez-ItsOrangesMilk\* |
| SNACKvaries by classserved between 2:45 and 3:45 | Cottage CheesePretzelsApple Juice | Cinnamon Bread and Cream Cheese SandwichesMilk\* | Raw Carrots, Cauliflower, Cucumbers and Red Peppers‡ with Dill DipClub CrackersGrape Juice | Apple SlicesGraham CrackersSoy Butter Yogurt DipWater | Whole Grain Goldfish Crackers† Apple or Grape Juice |

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‡ Children under the age of 2 years will not be served raw carrots, red peppers or cauliflower. Cooked carrots or cucumber slices will be offered instead.

° Or appropriate meat substitute for vegetarians

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