Children’s Center Day Care

Menu for the Week of

July 14th – 18th, 2025

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| SPRING/SUMMER  WEEK 1 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| BREAKFAST  9:30-10:00 | Crisp Rice Cereal  Diced Pears  Milk\* | Soy Butter Quesadillas  on Flour Tortillas  Bananas  Milk\* | English Muffins  Apples  Milk\* | Life Cereal†  Diced Peaches  Milk\* | Honey Bunches of Oats†  Pears, Apples or Peaches  Milk\* |
| LUNCH  11:30-12:00 | Chicken Tenders°  Green Beans  Whole Wheat Bread†  Strawberries  Milk\* | Macaroni and Cheese  with Turkey Sausage°  Mixed Vegetables  Triscuit Thin Crisps†  Grapes  Milk\* | Sloppy Joes° on a  Whole Wheat Bun†  Carrots  Roasted Potatoes  Fresh Peaches  Milk\* | Chicken° and Cheese Burritos on Flour Tortillas  Corn  Taco Chips  Pineapple Tidbits  Milk\* | Turkey Dog° Pasta Salad  Cucumber Slices  Wheat Thins†  Plums  Milk\* |
| SNACK  varies by class  served between  2:45 and 3:45 | Whole Grain  Goldfish Crackers†  Orange Slices  Water | Whole Wheat Ritz Crackers † with  Soy Butter  Milk\* | Baked Oyster Crackers with Ranch Seasoning  Grape Juice | Whole Wheat Ritz Crackers†  Strawberry  Cream Cheese  Apple Juice | Scooby Snacks†  Grape or Apple Juice |

\* Children under 2 years of age will be served whole milk. Children over 2 years of age will be served 1% or skim milk. All milk served is unflavored.

† Denotes a whole grain or whole grain rich food.

° Or appropriate meat substitute for vegetarians

Children’s Center takes part in the Child and Adult Care Food Program through the U.S. Department of Agriculture. We are an equal opportunity provider.

Children’s Center Day Care

Menu for the Week of

July 21st – 25th, 2025

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| SPRING/SUMMER  WEEK 2 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| BREAKFAST  9:30-10:00 | Toasted Oats Cereal†  Diced Pears  Milk\* | Corn Chex Cereal†  Bananas  Milk\* | Baked French Toast  Diced Peaches  Milk\* | Cinnamon Bread  Applesauce  Milk\* | Corn Flakes Cereal†  Pears, Peaches or Apples  Milk\* |
| LUNCH  11:30-12:00 | Turkey° and Cheese on a Flour Tortilla with  Vegetable Cream Cheese  Cucumber Slices  Triscuit Thin Crisps†  Grapes  Milk\* | Cheesy Breadsticks with Marinara Sauce  Green Beans  Fresh Pears  Milk\* | Roasted Turkey Sausage°  Roasted Red Potatoes  Corn  Whole Wheat Bread†  Honeydew  Milk\* | Chicken° Salad Sandwiches on  Whole Wheat Bread†  Carrot Sticks‡  Corn Chips  Apples  Milk\* | Tuna° Pasta Salad  Mixed Vegetables  Wheat Thins†  Oranges  Milk\* |
| SNACK  varies by class  served between  2:45 and 3:45 | Wheat Thins†  with Soy Butter  Bananas  Milk\* | Whole Wheat Ritz†  Cheese Cubes  Orange Juice | Strawberry Banana  Yogurt Popsicles  Goldfish Grahams†  Water | Kix and Pretzel  Snack Mix†  Grape Juice | Whole Grain  Goldfish Crackers†  Orange or Grape Juice |

\* Children under 2 years of age will be served whole milk. Children over 2 years of age will be served 1% or skim milk. All milk served is unflavored.

† Denotes a whole grain or whole grain rich food.

‡ Children under the age of 2 years will not be served raw carrots. Cooked carrots will be offered instead.

° Or appropriate meat substitute for vegetarians

Children’s Center takes part in the Child and Adult Care Food Program through the U.S. Department of Agriculture. We are an equal opportunity provider.

Children’s Center Day Care

Menu for the Week of

July 28th – August 1st, 2025

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| SPRING/SUMMER  WEEK 3 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| BREAKFAST  9:30-10:00 | Crisp Rice Cereal  Diced Peaches  Milk\* | Kix Cereal†  Bananas  Milk\* | Baked Triscuits†  with Cheese  Applesauce  Milk\* | Crispix Cereal  Diced Pears  Milk\* | Toasted Wheat Bagels†  Peaches, Pears or Apples  Milk\* |
| LUNCH  11:30-12:00 | Tomato Soup  Cheese Sandwiches on  Whole Wheat Bread†  Carrot Sticks‡  Honeydew  Milk\* | Taco Mac and Cheese  with Ground Turkey°  Corn  Whole Wheat Bread†  Apples  Milk\* | Turkey Dogs° on a  Whole Wheat Bun†  Green Beans  Tater Tots  Grapes  Milk\* | Chicken° and Cheese Pasta Salad with Bacon°  Wheat Thins†  Peas  Oranges  Milk\* | Bean and Cheese Burritos on a Flour Tortilla  Mixed Vegetables  Tortilla Chips  Plums  Milk\* |
| SNACK  varies by class  served between  2:45 and 3:45 | Chex Mix†  Apple Juice | Scooby Snacks†  Grape Juice | Fresh Fruit Salad  Toasteds Buttercrisp Crackers  Water | Cucumber and Cream Cheese on White Bread  Pineapple Juice | Cheez-its  Apple or Grape Juice |

\* Children under 2 years of age will be served whole milk. Children over 2 years of age will be served 1% or skim milk. All milk served is unflavored.

† Denotes a whole grain or whole grain rich food.

‡ Children under the age of 2 years will not be served raw carrots. Cooked carrots will be offered instead.

° Or appropriate meat substitute for vegetarians

Children’s Center takes part in the Child and Adult Care Food Program through the U.S. Department of Agriculture. We are an equal opportunity provider.

Children’s Center Day Care

Menu for the Week of

August 4th – 8th, 2025

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| SPRING/SUMMER  WEEK 4 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| BREAKFAST  9:30-10:00 | Corn Flakes Cereal†  Diced Pears  Milk\* | Frosted Mini  Wheats Cereal†  Bananas  Milk\* | Oatmeal†  Diced Peaches  Milk\* | Toasted Oat Cereal†  Apples  Milk\* | English Muffins  Pears, Peaches or Apples  Milk\* |
| LUNCH  11:30-12:00 | Tuna° Boats (Baked  Tuna Salad and Cheese on a Hot Dog Bun)  Peas  Cheez-Its  Oranges  Milk\* | Spaghetti with  Meat Sauce°  Green Beans  Whole Wheat Bread†  Honeydew  Milk\* | Chicken° Macaroni Salad  Carrot Sticks‡  Corn Chips  Plums  Milk\* | Chicken° Curry Casserole  White Rice  Carrots  Pita Crackers  Grapes  Milk\* | Turkey Dogs° on a  Cheesy Flour Tortilla  Mixed Vegetables  Wheat Thins†  Fresh Peaches  Milk\* |
| SNACK  varies by class  served between  2:45 and 3:45 | Bananas  Animal Crackers  Water | Club Crackers  Onion Chive Cream Cheese  Apple Juice | Whole Grain  Ritz†  Cheese Cubes  Pineapple Juice | Melon Salad  Waffle Pretzels  Water | Whole Grain  Goldfish Crackers †  Milk\* |

\* Children under 2 years of age will be served whole milk. Children over 2 years of age will be served 1% or skim milk. All milk served is unflavored.

† Denotes a whole grain or whole grain rich food.

‡ Children under the age of 2 years will not be served raw carrots. Cooked carrots will be offered instead.

° Or appropriate meat substitute for vegetarians

Children’s Center takes part in the Child and Adult Care Food Program through the U.S. Department of Agriculture. We are an equal opportunity provider.

Children’s Center Day Care

Menu for the Week of

August 11th – 15th, 2025

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| SPRING/SUMMER  WEEK 5 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| BREAKFAST  9:30-10:00 | Toasted Oats Cereal† or Corn Flakes Cereal†  Diced Pears  Milk\* | Kix Cereal†  Bananas  Milk\* | Buttermilk Biscuits  Pineapple Tidbits  Milk\* | Rice Chex Cereal†  Diced Peaches  Milk\* | Toasted Wheat Bagels†  Peaches or Pears  Milk\* |
| LUNCH  11:30-12:00 | Turkey° and Cheese Sandwiches on  Whole Wheat Bread†  Cucumber Slices  Whole Grain  Goldfish Crackers†  Bananas  Milk\* | Penne Pasta w/ Chicken°, Cheese and Broccoli  Mixed Vegetables  Wheat Thins†  Grapes  Milk\* | Turkey Sausage° and  Baked Beans  Carrot Sticks‡  Whole Wheat Bread†  Honeydew  Milk\* | Chicken° Taco Salad  Corn  Taco Chips  Fresh Pears  Milk\* | Salsa Chicken°  over White Rice  Green Beans  Cheez-Its  Oranges  Milk\* |
| SNACK  varies by class  served between  2:45 and 3:45 | Cottage Cheese  Pretzels  Apple Juice | Cinnamon Bread and Cream Cheese Sandwiches  Milk\* | Raw Carrots, Cauliflower, Cucumbers and Red Peppers‡ with Dill Dip  Club Crackers  Grape Juice | Apple Slices  Graham Crackers  Soy Butter Yogurt Dip  Water | Whole Grain Goldfish Crackers†  Apple or Grape Juice |

\* Children under 2 years of age will be served whole milk. Children over 2 years of age will be served 1% or skim milk. All milk served is unflavored.

† Denotes a whole grain or whole grain rich food.

‡ Children under the age of 2 years will not be served raw carrots, red peppers or cauliflower. Cooked carrots or cucumber slices will be offered instead.

° Or appropriate meat substitute for vegetarians

Children’s Center takes part in the Child and Adult Care Food Program through the U.S. Department of Agriculture. We are an equal opportunity provider.